

The Seed

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2003 Hunger Hike of Greater Lafayette



An annual event to help feed the hungry
Sunday, September 21

Participating is fun and easy...

- Collect sponsors and donations; bring the money with you on the day of the hike!
- Pick up registration/collection forms from LUM or print them out from the Web at www.lafayetteurbanministry.org/hike.html
- Organize a group of friends, family or co-workers
- Eat at Triple XXX Sept. 14-27 and present this newsletter or a coupon printed from the website—a portion of the proceeds will go to Hunger Hike!
- Make a donation! Make your check payable to "Hunger Hike." Give it to a hiker or send it directly to LUM!

What happens on Hunger Hike Day?

- 1:00PM** Registration at Riehle Plaza
- 2:00PM** Hunger hike begins (7K hike—two loops on the Wabash Heritage Trail. Walk both loops or stop after the first three miles!)
- 3:30PM** Party time!

Why help the Hunger Hike?

When you participate in the Hunger Hike, you help the Lafayette Urban Ministry and Food Finders Food Bank to feed the hungry in our community. You also help St. Thomas Aquinas Center feed hungry children and adults in Haiti.

What if I have more questions?

For more information about the Hunger Hike call Patti O'Callaghan at 423-2691, ext. 17, or visit the LUM Hunger Hike website at:
www.lafayetteurbanministry.org/hike.html.

PRIZES provided by
*Great Skates, Newtons,
Papa John's, Sports Etc.,
and Star Lanes!*



What should I know about hunger?

- It is estimated that between 500 million and one billion people are hungry in the world. Each year 20 million people, most of them children, die from hunger or hunger-related diseases.
- A person is 33 times more likely to die of malnutrition and preventable disease than to die in war.
- One out of every four children in the U.S. lives in poverty.
- 14% of Tippecanoe County residents live in poverty.
- In 2002, Food Finders Food Bank distributed over 1 million pounds of food in Tippecanoe County.
- Over 1200 families visited the LUM/St. John's Food Pantry during the first half of 2003.

How much should I donate?

One helpful suggestion is to consider a donation equal to 10% of your monthly food budget or the cost of fast food meals for a month.





Hidden rules by Joe Micon, Executive Director

One of the great things about being LUM's Executive Director is the wide diversity of people I get to interact with on a regular basis. Whether it is helping an unemployed father to scrape together enough money to pay the rent, cultivating the generosity of a major donor, or working with a middle class staff or board member to plan a new LUM program, I've observed how individuals from different social strata possess differing lenses through which they view the world.

For instance, when sharing a meal with someone living in poverty a key question I might be asked is "Did you have enough?" The quantity is important here. When dining in our middle class home a typical question might be "Jonathan, how'd you like it?" The quality of the food is important. For a person of wealth, presentation is crucial. "Wasn't the meal presented well tonight?" Same event – three different emphasis.

In her classic work "A Framework for Understanding Poverty" Dr. Ruby Payne refers to these lenses as "hidden rules." Hidden rules are seldom learned, shared, or practiced outside of one's own social strata. An individual tends to bring with him the hidden rules of the class into which he was born and raised.

Dr. Payne notes that for the poor their greatest possessions are other people. The middle class possesses things. For the rich, important possessions might be one of a kind objects, legacies, or pedigrees. The poor value and revere education abstractly but not as reality. For the middle class education is crucial for climbing the ladder of success and making money. For the rich an education is a necessary tradition for making and maintaining connections. Love and acceptance are conditional for the poor, based upon whether an individual is liked. For those in the middle class, love and acceptance is based largely upon achievement. For the rich it is based upon social standing and connections.

You get the idea.

The obvious implication is that in order to be successful, those of us who work with

the poor have to understand their hidden rules. In order for them to be successful, we have to teach those hidden rules that will help them to advance in life...

- Having the educational abilities (reading writing, computing) to deal with daily life.
- Believing in a divine purpose and guidance.
- Having sound mental and physical health.
- Being able to choose and control emotional responses, particularly to negative situations, without engaging in self-destructive behavior.
- Having friends, family and backup resources available in times of need.
- Being surrounded by others who are nurturing and who don't engage in self-destructive behavior.

At LUM we have always known that great things happen when people from churches share their time and resources together with those in need. That's why we build so many one on one volunteer opportunities into LUM's Advocate, Shelter, Jubilee Christmas, Afterschool, and RESPECT Programs. We need to remember this dynamic as we plan future programs too. How can we provide more time together between case managers and clients? How do we accomplish classes for adults that teach basic parenting skills? Should we be planning more community

and neighborhood events for client families to attend? Can we do a better job of recruiting "middle people" as staff and volunteers – people who have been there and can be a bridge?

We can never support stereotypes and prejudices about the poor, but it's essential for us to understand their hidden rules and teach them the rules that will make them successful in education, employment, and family life.

What do you think? Contact me lum@lafayetteurbanministry.org.



A Little Quiz Could You Survive in Poverty?

- ___ 1. I know which sections of town have the best garage sales.
- ___ 2. I know which grocery stores' dumpsters can be accessed for thrown-away food.
- ___ 3. I know how to get someone out of jail.
- ___ 4. I know how to fight and defend myself physically.
- ___ 5. I know how to keep my clothes from being stolen at the laundromat.
- ___ 6. I know what problems to look for in a used car.
- ___ 7. I know how to live without a checking account.
- ___ 8. I can entertain a group of friends with my personality and my stories.
- ___ 9. I know how to move in half a day.
- ___ 10. I know how to live without electricity and a phone.

In Memoriam
Ray E. Eberts
1956 – 2003

Representing Central Presbyterian Church on the LUM Board from 1993 to 1997, Ray served as board president in 1994. He was instrumental in the planning, fundraising, and construction of LUM's program center and homeless shelter building. Ray had a special concern for children and was a strong supporter of LUM's Summer Camp, Jubilee Christmas, and Summer Lunch programs. He was also instrumental in raising funds for LUM's tornado relief efforts in May of 1994.

Ray was director of Purdue University's Continuing Engineering Education Program and a long time industrial engineering professor. He wrote and traveled extensively, most recently to Afghanistan to assess the needs of Kabul University faculty.

LUM Director Joe Micon shares that "Ray left a tremendous imprint upon the Lafayette community. He was a man of vision, character, and action who had a special place in his heart for disadvantaged children. He put his faith into practice. We remember him fondly and will miss him dearly." His wife Cindelyn and sons Russell and Wescott survive him.

LUM Afterschool Program (ASP) Begins 5th Year



Twenty-five children grades K-5 enjoyed opening day of LUM's Afterschool Program on Tuesday, August 19. This year's

student body comes to us from six Lafayette School Corporation elementary schools. The program takes place at LUM's Program Center building on N. 4th Street. LUM provides the children with transportation from their school each day. Snacks are provided, homework and tutoring time is next, then depending on the day, there are educational enrichment programs, religious ed., field trips, games and recreation.

Our theme for this year is "Exploring the World Around Us." We have trips planned to Wolf Park, Pizza Hut, Great Harvest Bread Co., The Purdue Airport, Don & Louise Jewell's Farm, as well as regularly scheduled swim time, library visits, religious ed., Spanish and computer classes.

LUM's Afterschool Program provides an educationally stimulating environment for children each day LSC is in session, so that their parents may complete their workdays without worry about their children's whereabouts and safety. Andrea Penner, a certified elementary teacher, directs the program. Melissa Hiede, a senior in Elementary Ed. at Purdue is the aide.

Afterschool Program Needs....

Van Drivers: Pick up children from school in 15 passenger van and deliver to LUM, 2:30pm to 3:30pm any or all afternoons each week. \$7/hr. We follow the LSC calendar. Contact Andrea Penner - 423-2691, ext. 18.

Snacks needed: granola bars, trail mix, fruit snacks, drink mix, drink boxes.

Supplies needed: construction paper, glue sticks, pencils, white erasers, scotch tape, napkins, small and large ziplock bags.

LUM Announces "Dignity U Wear" Pilot Project

Poor children don't get to choose the world into which they are born. Too often it's a world filled with realities beyond their control – realities like worn, wrong-sized, hand me down clothing. When a child is ashamed about what he's wearing, that child's confidence and self-esteem suffer. But if that child could walk into his classroom with brand new clothes, his head held high, that child's outlook and hope for the future might be brighter.



The Lafayette Urban Ministry and Steinmart of Lafayette are partnering with Dignity U Wear of Jacksonville, Florida to provide new clothing to local children and their parents who are living in poverty. Philanthropist and Holocaust survivor, Henry Landwirth, founded dignity U Wear in April of 2000. "I know what it means not to have clothes – to be stripped of dignity and to give up all hope. When I see children suffering indignities, I know we have to help." Landwirth started dignity U Wear to create real change in the lives of children and adults in need.

Dignity U Wear creates partnerships with key manufacturers and retailers who provide new clothing. These items are collected and warehoused, then made available to helping agencies, like LUM, who provide them to needy children and adults at no cost to the recipients. The recipients may choose up to 20 items of brand new clothing, including shoes, coats, and undergarments, up to 4 times per year. Recipients may choose sizes, colors, and styles, and the items arrive with original tags and packaging!

LUM has chosen 15 families to participate in the pilot project. LUM Board President Harry Meyer says "Dignity U Wear is like a food bank – only with clothing. We're helping to assure that perfectly good new clothing, that might otherwise be destroyed, is finding its way to children and adults who have desperate need for it." Our first Dignity U Wear order will be placed during September. We'll let you know how it goes. Questions? Contact LUM at 423-2691, or email: lum@lafayetteurbanministry.org.

Summer Lunch Cookout!

The Lafayette Urban Ministry Summer Lunch Program finished its 2003 season with a hot dog barbecue on August 15th at the Bridgeway Apartment Complex in Lafayette. The program provides good nutritious summer lunches and recreation for children at Bridgeway throughout the summer from the day after school lets out to the day before it goes back in session. 183 different children participated in the program this year - 2,545 meals were served. Special thanks go to the many individuals who volunteered in the program and to Patti O'Callaghan and Jeanette Jaques who staffed it!

4-year old Chance Hall enjoys his first of three (!!!) hot dogs during LUM's Summer Lunch cookout



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Change Service Requested

Briefly Noted...

- A new Alcoholics Anonymous Group (AA)** will meet at the Lafayette Urban Ministry Program Center (525 N. 4th Street) every Tuesday evening beginning September 9th. The group will meet in the first floor conference room beginning at 7:30pm.
- Overnight Volunteers are needed in the LUM Homeless Shelter.** Help provide a safe and caring place for the homeless in our community. Volunteer one evening, or as many as you'd like. Serve from 8:30pm to 7:00am (includes 5 hours of sleep). Training is required. September training dates: Thurs. 9/11 or Mon. 9/22 6:30pm to 8:00 at the LUM Shelter (525 N. 4th Street). Contact Joyce Boehm 423-2691, ext. 22, jboehm@lafayetteurbanministry.org.
- Meals for the Homeless.** Volunteers are needed to provide meals for up to 46 guests at the LUM shelter—a great project for individuals or group who enjoy cooking. Call LUM to reserve a date and for additional information. Ask for Joyce Boehm 423-2691, ext. 22, or e-mail jboehm@lafayetteurbanministry.org.
- Creating a Just Society Conference – Developing Strategies for Local Action.**
 When: Saturday, October 25th
 Where: Central Presbyterian Church, 31 N. 7th Street
 Registration: \$10 (includes continental breakfast lunch and conference materials)
 Sponsored by: Unitarian Universalist Church
 Contact: 463-5879



2003 LUM Open Golf Tournament

A benefit for
**Lafayette Urban Ministry's
 Emergency Homeless Shelter**

Friday, September 19
12:00 noon – evening
**Coyote Crossing Golf Course,
 West Lafayette**

Registration Fees & Sponsorships:
 \$90 Single Golfer
 \$200 Hole Sponsor
 \$360 Foursome

Includes:
 18 holes of golf, cart, green fees,
 refreshments, BBQ lunch, awards
 cookout and great prizes!

For more information or entry forms:
 Contact LUM at 423-2691 or
 visit the LUM website:
 www.lafayetteurbanministry.org

Schedule:
12:00pm
 BBQ Lunch,
 Registration

1:00pm
 Shotgun start

5:30pm
 Putt-Off!

6:00pm
 Awards Cookout